

During this time of crisis, many families are in need of a helping hand. While food banks are working to meet the demand, many are struggling to keep their shelves stocked. Join the CAWP CLC to help your friends and neighbors in the communities where you live and work!

## How can you help?

Donate items directly or make a cash donation to your local food bank or food pantry.

### STEP 1

Promote
Food Drive
to Co-Workers,
Subcontractors,
Suppliers,
Friends & Family.

# STEP 2

Collect items to donate. High demand items are listed below.

# STEP 3

Deliver items to donation center by May 29 and share your experience.



@ConstructorsWPA

or email emilym@cawp.org





#### **LOCATE A DONATION CENTER**

Visit the PITTSBURGH COMMUNITY FOOD BANK

or THE SALVATION ARMY to find a donation center near you.

#### High demand items include:

Unexpired dry good groceries (pastas; canned vegetables, fruits, and meats; shelf stable food items; rice, nut butter; jellies/jams; cereal; crackers)

Packaged meals (hamburger/tuna/chicken helper, jambalaya mix, mac & cheese, canned soups, etc.)

Cleaning products (disinfecting wipes/sprays)

Paper products (toilet paper, tissues, paper towels)

Personal hygiene products (deodorant, toothpaste, shampoo, feminine hygiene items)

Face masks (or bandanas to make homemade masks)