

The logo features a green rectangular background. On the left, there is a white icon of a construction hard hat. To the right of the icon, the text "CAWP SAFETY BULLETIN" is written in a bold, white, sans-serif font. The background of the entire page is a blurred image of construction workers in hard hats.

# CAWP SAFETY BULLETIN

CAWP Safety Bulletin #12-22

December 8, 2022

## *The CAWP and MBA Pilot of Youturn Health - Information Session*

The Constructors Association of Western PA has teamed with Master Builders' Association to pilot a program offering mental health solutions to our members and their employees.

Youturn Health is a virtual support program designed to help individuals and family members dealing with behavioral health, substance misuse, and suicide.

Through their confidential virtual program, they focus on harm reduction and behavioral modification to encourage taking the first steps toward recovery.

They provide easy access to private support at any time and at any stage of the recovery journey.

Success Through...

### **Education**

Online learning management system has the largest video library of education, inspiring stories, and insights about substance abuse and suicide.

### **Peer Coaching**

Peer coaches are state-certified, NAADAC-credentialed and specially trained in assertive engagement principles by the nation's leading recovery support experts.

### **Care Management System**

The platform is a fast and secure way to communicate with trained professionals while streamlining suicidal and substance use risk analysis. It helps those in recovery identify where they are in their journey.

**YouTurn is changing the way people view mental health assistance.**

To learn more about this exciting pilot and how you and your employees can access the program, join us for one of the two Microsoft Teams informational sessions being offered.

Please contact CAWP with any questions. 412-343-8000

Click [here](#) to join at 2:00 PM on Wednesday, December 14, 2022

Click [here](#) to join at 2:00 PM on Thursday, December 15, 2022

*Please note that these session links will be live at their scheduled times.*

[FLYER](#)