



#07-24

February 12, 2024



 **Navigating Mental Health-Related Challenges: A Family Communication Perspective**

Navigating Mental Health-Related Challenges: A Family Communication Perspective with Youturn Health

Please [join Youturn Health's upcoming webinar](#) to learn best practice advice and insight on family communication around mental health. When someone experiences a mental health-related challenge, their entire family is impacted, whether directly or indirectly. Navigating those experiences can be extremely challenging for both the individual and their family members.

[**Navigating Mental Health-Related Challenges: A Family Communication Perspective**](#)

Wednesday, February 14 at 12pm ET

Explore the realities of mental health-related challenges from a family

perspective and get strategies to effectively engage with loved ones who might be struggling. We'll also discuss ways to apply a foundational understanding of family communication and mental health to prepare family members to practice self-care while supporting their loved ones.

REGISTRATION

2024 Upcoming Safety Education & Training

Register today for these upcoming training sessions at the CAWP office.

First Aid/CPR/AED/Blood Borne Pathogens – February 19 (8 a.m. to 12:30 p.m.)

This program is designed to give employees the confidence to respond to emergency situations with skills that can save lives. The course will cover first aid, CPR, AED, Bloodborne Pathogens, and Stop the Bleed techniques. Keep Up the Beat (KUB) will guarantee engaging, effective, and reliable training.

Crisis Response Workshop – March 4 (9 a.m. – 11 a.m.)

A crisis can happen at any time. It's important to remember that things happen unexpectedly and can easily escalate, catching us off guard if we are not adequately prepared. CAWP has developed a crisis response workbook and materials to prepare your company for an unexpected crisis.

AGC Fall Prevention Training – March 12 (8 a.m. to 5 p.m.)

One-day Fall Prevention in Construction safety training from AGC of America, supported by an OSHA federal training grant. This program will cover fall protection statistics, OSHA standards for fall protection, how to identify fall hazard locations, selection and criteria of fall

protection systems and equipment, and fall protection training requirements.

REGISTER



Join CAWP & H2AP to recognize your accident-free supervisors and your company for their commitment to safety by registering to attend the 2024 CAWP/H2AP Safety Banquet!

REGISTRATION & SPONSORSHIPS

CAWP, Amerisafe Group Training Initiative



CAWP has teamed up with the Amerisafe Group to broaden the training options available to our valued contractor members. Amerisafe Group offers safety and health training courses that are aligned with industry standards and meet OSHA requirements.

Courses range from trench and excavation, confined spaces, silica, fall protection, and OSHA 10 hour. To view the complete list, as well as member pricing, click on the scheduling form link below.

How to Participate

Contractors interested in scheduling a course need to complete the scheduling form. Representatives from the Amerisafe Group will be in contact via email/phone to review the requested dates/times and, if necessary, find new dates.

After the course, the contractor will be billed by Amerisafe Group for the reduced amount shown plus any travel fees. Travel fees are billed if distance is greater than 50 miles from Greensburg (No travel fees for training located at CAWP Office). Note, discounted training is only available to CAWP & H2AP Contractor members. The company contact person will be emailed a pdf of certificates noting completion of the CAWP course.

Key Benefits of the CAWP-Amerisafe Partnership:

- Expanded safety and health training opportunities for contractors.
- Flexibility to schedule courses during times that are convenient.
- Control travel costs and save time by offering courses at convenient locations.
- Reduce overall training course costs by up to 50%!

Our industry is rapidly evolving and our training programs and delivery methods needs to adapt as well. This partnership is one example of CAWP's efforts to adapt and to provide our contractors with the flexibility and cost-effective training solutions you need to grow and be safe.

Questions?

For general questions, please contact the Association office at 412-343-8000.

For course specific questions, please contact Del Kubeldis at Amerisafe Group. dkubeldis@amerisafegroup.com / 724-216-1180

SCHEDULING FORM

SAVE THE DATE

CAWP Construction Market Symposium

Tuesday, February 27, 2024

9:00 a.m. - 11:00 a.m.

REGISTRATION COMING SOON!



UPCOMING EVENTS

February 22-24, 2024

CAWP Student Estimating Competition

February 27, 2024

CAWP Construction Market Symposium

March 15, 2024

[CAWP/H2AP Safety Banquet](#)



Recent Bulletins

February 9
Reminder: 2024 Upcoming Safety &
Education Training
[CAWP Safety Bulletin #6-24](#)

February 7
Changes to Laborers' Benefit
Allocations for 2024-2026
CAWP Labor Bulletin #1-24

Proud Chapter



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