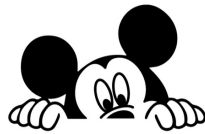




#08-24

February 19, 2024



## CAWP Annual Meeting at the Happiest Place on Earth!

The CAWP Annual Meeting took place February 7-11, 2024 at Disney's Contemporary Resort.

Check out the event recap to see what you missed!

[VIEW RECAP](#)



# Registration Open for 2024 Construction Market Symposium

**Wondering what projects will be up for bid in 2024?** Register today for the Construction Market Symposium and find out what is in store for this upcoming year.

During this symposium, representatives from PennDOT District 1-0, PennDOT District 2-0, PennDOT District 9-0, PennDOT District 10-0, PennDOT District 11-0, Pittsburgh Regional Transit, Pittsburgh Water & Sewer Authority, ALCOSAN, and the City of Pittsburgh Department of Mobility & Infrastructure will discuss projects available for bid in 2024.

**When:** Tuesday, February 27th from 9:00 AM – 11:30 AM

**Location:** CAWP, 800 Cranberry Woods Drive, Suite 110, Cranberry Township, PA 16066

REGISTER

## 2024 Upcoming Safety, Education & Training

Register today for these upcoming training sessions at the CAWP office. Visit [cawp.org](http://cawp.org) for additional details.

**Crisis Response Workshop** – March 4 (9 a.m. – 11 a.m.)

A crisis can happen at any time. It's important to remember that things happen unexpectedly and can easily escalate, catching us off guard if we are not adequately prepared. CAWP has developed a crisis response workbook and materials to prepare your company for an unexpected crisis.

**Flagger Train-the-Trainer** - March 8 (8 a.m. to 12 p.m.)

Train-the-Trainer course will assist contractors in complying with PennDOT's mandatory flagger training specifications. Instructor Chris Zivkovich will cover both flagging procedures and adult learning concepts.

**Cost:** \$75 - includes training verification card and a flash drive with training materials

**AGC Fall Prevention Training** – March 12 (8 a.m. to 5 p.m.)

One-day Fall Prevention in Construction safety training from AGC of America, supported by an OSHA federal training grant. This program will cover fall protection statistics, OSHA standards for fall protection, how to identify fall hazard locations, selection and criteria of fall protection systems and equipment, and fall protection training requirements.

**REGISTRATIONS**



## Responding to Others in Distress

*It can be challenging to know exactly what to say or do when someone tells you they are stressed, having a difficult day, or struggling with their mental health. A conversation can be life changing! Feeling seen, heard and supported may be exactly what someone needs.*

*The most effective way to prevent suicide is to increase awareness of the warning signs and to intervene by reaching out to the person in distress.*



### The "S" Word

Talking about suicide will not give someone thoughts they did not already have. Rather, it will let that individual know you are there for them, open for any conversation. You will be a source of support if things become difficult in the future.

## NOTICE

*and know the warning signs.*

Warning signs may help you determine if someone is at risk for suicide, especially if the behavior is new, has increased, or seems related to a painful event, loss or change. Signs include:

- Talking about wanting to die or to kill oneself
- Looking for a way to kill oneself, such as searching online or buying a gun
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated or behaving recklessly
- Sleeping too little or too much
- Withdrawing or feeling isolated
- Showing rage or talking about seeking revenge
- Displaying extreme mood swings

*The first three signs above require immediate action. Consider these steps:*

- **If the danger for self-harm seems imminent, call 911.**
- Stay with the person (or make sure the person is in a private, secure place with another caring person) until you can get further help.
- Contact the EAP or HR Department and they will help you decide what to do. Provide any background information that may be helpful.
- Contact the National Help Line at 800.662.HELP and follow their guidance.
- Continue to stay in contact with the person and pay attention to how he or she is doing.

SOURCE: National Council for Suicide Prevention

## 2023 PENNSYLVANIA DEPARTMENT OF TRANSPORTATION DISPARITY STUDY



### INTERESTED IN GOVERNMENT CONTRACTING?

We want to hear about your experiences working in Pennsylvania or with PennDOT.

Your insights will inform efforts to encourage the participation of small and disadvantaged businesses in PennDOT work.

PennDOT is working with **BBC Research & Consulting** to conduct a **disparity study** to assess whether **small or disadvantaged businesses** face barriers in competing for its contracting work.

### ATTEND THE VIRTUAL PUBLIC MEETING TO:

- Learn more about the study
- Ask questions about the study
- Share your experiences

**Thursday, February 22**  
12:00 PM EST

[Click here to Join via Microsoft Teams](#)

\*Meeting will include a 20-minute presentation, followed by a Q&A session, and an opportunity to provide anonymous testimony.

[RSVP here](#) to receive reminders regarding this event.

Visit the [study webpage](#) to learn more or e-mail BBC at [PADisparityStudy@bbcresearch.com](mailto:PADisparityStudy@bbcresearch.com)

The disparity study will:

- Measure participation of small and disadvantaged businesses in agency work
- Estimate availability of those businesses for agency work
- Assess whether disparities exist b/w participation and availability
- Assess marketplace barriers throughout PA



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## RESPONDING TO OTHERS IN DISTRESS

[DOWNLOAD FLYER](#)

## PENNDOT DISPARITY STUDY PUBLIC MEETING

[DOWNLOAD FLYER](#)

# SAVE THE DATE



In the Footsteps of Leaders  
**GETTYSBURG  
LEADERSHIP  
TRAINING PROGRAM**

**MAY 9 & 10, 2024**

**GETTYSBURG, PA**

**DETAILS**



## UPCOMING EVENTS

February 22-24, 2024  
CAWP Student Estimating Competition

February 27, 2024  
[CAWP Construction Market Symposium](#)

March 15, 2024  
[CAWP/H2AP Safety Banquet](#)



## Recent Bulletins

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February 13  
Multiemployer Pension Plans –  
Disclosure Rule  
CAWP Labor Bulletin #2-24

February 9  
Reminder: 2024 Upcoming Safety &  
Education Training  
[CAWP Safety Bulletin #6-24](#)

## Proud Chapter

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**AGC**  
THE CONSTRUCTION  
ASSOCIATION

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